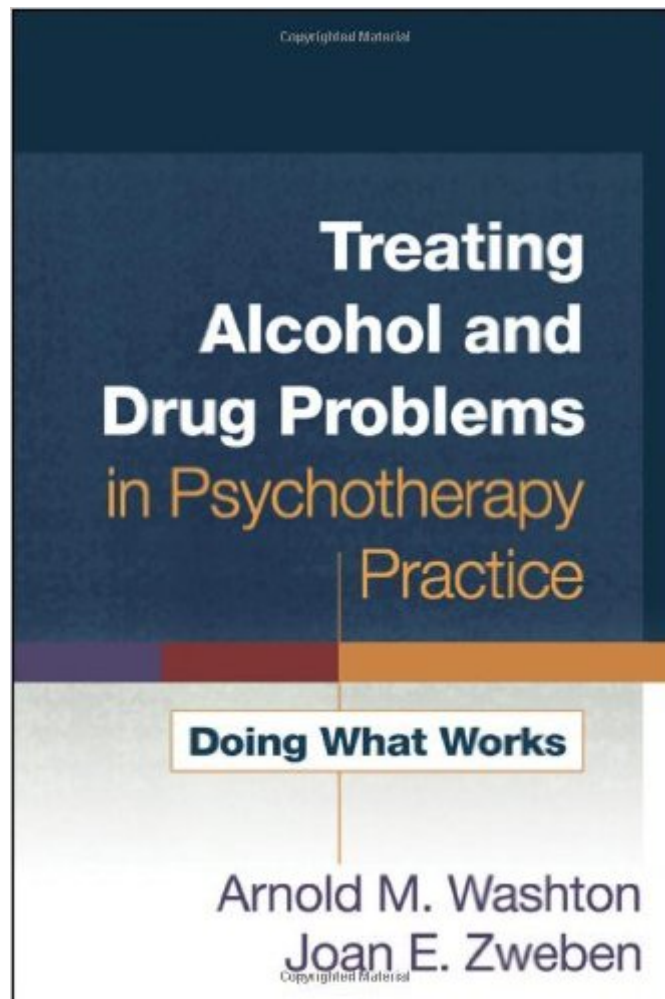


The book was found

# Treating Alcohol And Drug Problems In Psychotherapy Practice: Doing What Works



## Synopsis

Written specifically for the office-based psychotherapist, this practical guide describes how to detect, assess, diagnose, and treat clients presenting with a range of alcohol and drug problems. Detailed is an integrated, flexible psychotherapeutic approach that emphasizes building a strong therapeutic relationship, engaging clients "where they are," and addressing substance use within the larger context of their lives. The authors describe in very pragmatic terms how to use a combination of motivational, cognitive-behavioral, 12-step, and psychodynamic techniques with clients in different stages of change. Techniques are brought to life with numerous case vignettes, and appendices include reproducible client forms and handouts. Â

## Book Information

Paperback: 312 pages

Publisher: The Guilford Press; 1 Reprint edition (June 23, 2008)

Language: English

ISBN-10: 1593859805

ISBN-13: 978-1593859800

Product Dimensions: 5.8 x 0.9 x 8.4 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (20 customer reviews)

Best Sellers Rank: #230,850 in Books (See Top 100 in Books) #104 inÂ Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric #140 inÂ Books > Medical Books > Nursing > Psychiatry & Mental Health #220 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology

## Customer Reviews

Had to buy this book for a class, but it has been one of the best books I have purchased for my mental health degree! Really good methodology and techniques for working with substance abuse. If you need it for a class - buy don't rent

As a therapist without a lot of coursework in addiction, I found this book extremely helpful in making balanced suggestions for treatment. The authors are non-dogmatic and embrace harm reduction as well as abstinence approaches, and they offer an overall guide for treatment from initial assessment through termination. Very clearly written, with good information. I learned a lot from this book, and I have recommended it to many of my colleagues.

Very helpful and detailed information about addiction and treatment for substance abuse. As a clinician I'll be referring back to this book again in the future. Provides lots of information about all kinds of drugs, interactions between drugs and key information clinicians need when working with clients with substance use disorders.

Sometimes is hard to understand the basic terms and concepts of the world of substance abuse as it is a multidisciplinary area where vocabulary from many different areas of knowledge converge. This book will help you to understand the dynamics of this area and enable professionals go on further on their learning experience.

This is probably one of the most valuable textbooks ever assigned to me by a professor. Clear explanations are provided for all kinds of substances, behaviors, and circumstances, and the examples in these sections are very helpful. I plan to keep this book handy as I begin my private practice, as I'm sure I will return to it often.

I gained much more than expected from this research based collegial review of the authors' positive integrated model of substance abuse treatment . . . The bonus was I thoroughly enjoyed the read!

Whether you are a new clinician or a "seasoned" therapist...A MUST read! Very informative and written in a way that lay-people can understand it as well.

This book was required reading for my counseling class in addictions. This is so greatly organized and a great resource to have as a student and counselor.

[Download to continue reading...](#)

Treating Alcohol and Drug Problems in Psychotherapy Practice: Doing What Works Alcohol  
Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage  
Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series)  
The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (Counseling  
and Psychotherapy) Skills in Gestalt Counselling & Psychotherapy (Skills in Counselling &  
Psychotherapy Series) Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy i  
just woke up dead: sex, drug and alcohol addiction memoir: 3 part compilation edition Treating  
Visceral Dysfunction: An Osteopathic Approach to Understanding and Treating the Abdominal

Organs Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Windows 10 Troubleshooting: Windows 10 Manuals, Display Problems, Sound Problems, Drivers and Software: Windows 10 Troubleshooting: How to Fix Common Problems ... Tips and Tricks, Optimize Windows 10) Psychotherapy for the Advanced Practice Psychiatric Nurse, Second Edition: A How-To Guide for Evidence-Based Practice Drug Calculations: Ratio and Proportion Problems for Clinical Practice, 10e Drug Calculations and Problems for Clinical Practice, Seventh Edition Drug Calculations: Process and Problems for Clinical Practice, 8e Drug Calculations: Ratio and Proportion Problems for Clinical Practice Herbal Antibiotics, 2nd Edition: Natural Alternatives for Treating Drug-resistant Bacteria Herbal Antibiotics: Natural Alternatives for Treating Drug-Resistant Bacteria (Medicinal Herb Guide) Prescription for Natural Cures: A Self-Care Guide for Treating Health Problems with Natural Remedies Including Diet, Nutrition, Supplements, and Other Holistic Methods, Third Edition Chelation Therapy: The Key to Unclogging Your Arteries, Improving Oxygenation, Treating Vision Problems DVD: The Case of Stan and Lecturettes for Theory and Practice of Counseling and Psychotherapy, 9th Group Counseling and Psychotherapy With Children and Adolescents: Theory, Research, and Practice

[Dmca](#)